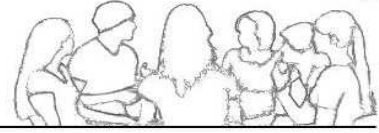


Child and Family Support Service



Tweed Valley



Pottsville Beach
Neighbourhood Centre

Providing early support for
you and your family

Working together, we will help you to:



improve your parenting knowledge and practical skills, using trauma-informed and culturally-safe practices



increase your family strengths, wellbeing and safety



link your child/ren into specialist services and other supports which enable healthy development



know about beneficial community-based resources



Family &
Community
Services



CONC

Consortium of Neighbourhood Centres

The Child and Family Support Service - Tweed Valley is a joint partnership between Pottsville Beach Neighbourhood Centre (PBNC), The Consortium of Neighbourhood Centres – Far North Coast (CONC) and NSW Family and Community Services (FACS).

What is CFSS?

Child and Family Support Service - Tweed Valley (CFSS-TV) is an early support program. It is designed to assist your family to overcome parenting and life challenges, so that your child/ren have a good start and your family has positive wellbeing.

CFSS provides support to parents /carers who don't have much help from family or friends, are feeling isolated and finding parenting difficult. We do this through weekly supported playgroups and tailored case coaching to help families get what they need, before problems become chronic. Participation in CFSS-TV is voluntary.

A CFSS-TV worker will talk with your family about what's working well for you and what you're finding difficult. You can tell us about the supports you have already, and the problems you want to tackle.

Together, we'll explore and plan for services and supports that are suitable for your family's needs.

Services and supports offered by CFSS-TV include:

How does CFSS work?

- *practical assistance to achieve your goals
- *access to parenting education and resources
- *parent support groups and supported playgroups for children from birth to 5 years
- *assisted access to specialist services and practitioners for optimum family health and wellbeing outcomes.

To be eligible, a family will:

Eligibility

- be expecting a child and/or have a child from birth to 17 years of age
- experiencing vulnerabilities that impact capacity to adequately protect and care for child/ren
- be experiencing low to medium risk issues. (CFSS-TV is not a crisis service)

Pottsville Beach Neighbourhood Centre
10b - 12a Elizabeth St, Pottsville **(02) 6676 4555**

E: familysupport@pbnc.org.au

or speak directly with a Family Support Worker **0455 149 278**

Contact