## Child and Family Support Service &



weed Valley

Pottsville Beach Neighbourhood Centre

## Providing early support for you and your family

Working together, we will help you to:



link your child (ren) into specialist services and other supports which enable healthy development



improve your parenting knowledge and practical skills



know about community resources to meet your family's needs



achieve goals and increase your family strengths



Family &



The Child and Family Support Service - Tweed Valley is a joint partnership between Pottsville Beach Neighbourhood Centre (PBNC), The Consortium of Neighbourhood Centres – Far North Coast (CONC) and NSW Family and Community Services (FACS).

Child and Family Support Service (CFSS) is an early intervention program. It is designed to assist your family to overcome parenting and life challenges, so that your What is child(ren) have a good start and your CFSS? family has positive wellbeing.

CFSS provides support to parents who don't have much help from their family or friends and are finding parenting difficult.

CFSS can help families to get the services they need, before problems become chronic.

Joining the CFSS is voluntary - you decide if you want to join the program, and you may leave at any time.

A CFSS worker will talk with your family about what's working well for you and what you're finding difficult. You can tell us about the supports you already have and the problems you want to tackle.

Together, we'll plan for the services and supports to be put in place that are suitable for your family's needs.

Services and supports offered by CFSS include: home visiting; assistance with improving practical skills and achieving goals; access to parenting education and resources, parent support groups and playgroups; and assisted access to specialist services / practitioners for optimum family health and wellbeing outcomes.

## To be eligible, a family will:

Eligibilty

- be expecting a child and/or have children from birth to 12 years
- experience vulnerabilities that impact on your capacity to adequately protect and care for your child(ren) if not addressed
- currently be experiencing low to medium risk issues
- be unable to meet the needs of the child(ren) through universal services

Pottsville Beach Neighbourhood Centre 10b - 12a Elizabeth St, Pottsville Phone (02) 6676 4555 or email familysupport@pbnc.org.au or speak directly with a Family Support Worker on mobile: 0455 911 715, or 0413 879 279

Contact