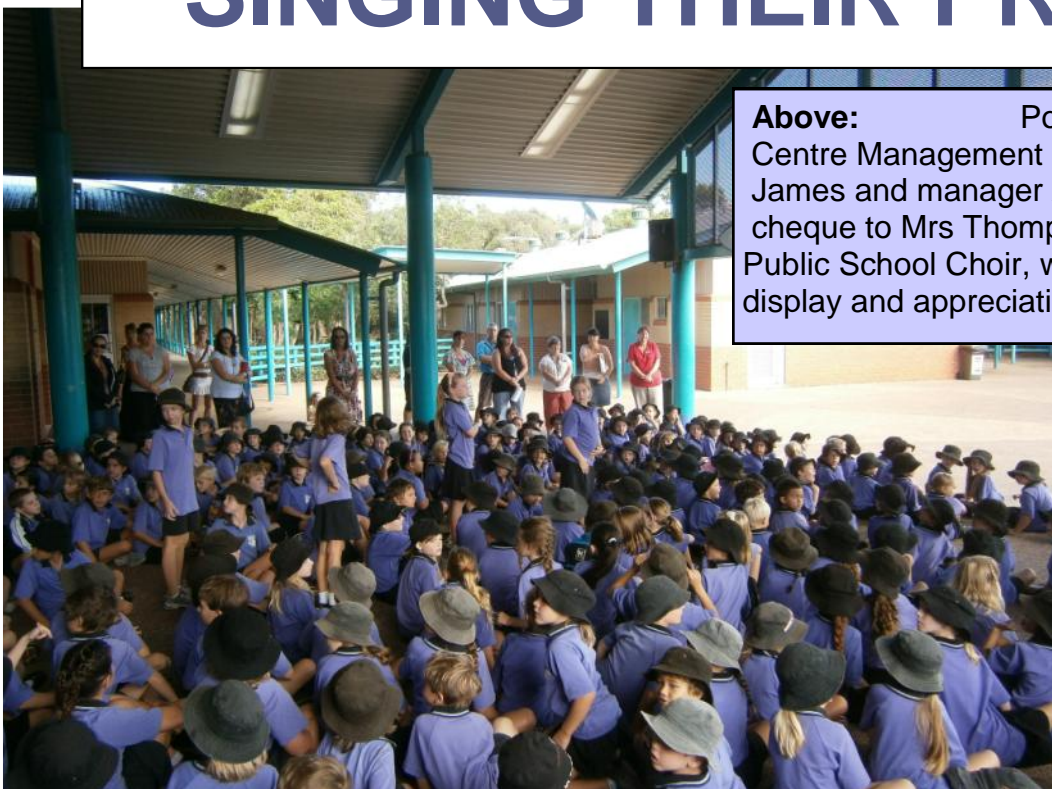




SINGING THEIR PRAISES



Above: Pottsville Beach Neighbourhood Centre Management Committee president Rhonda James and manager Angela Maxwell present a cheque to Mrs Thompson, leader of Pottsville Beach Public School Choir, while Josy Aviu and Billi Shallue display and appreciation certificate from the centre.

Left: Pottsville Beach Public School students form a silent, jacaranda-coloured sea as they wait for Monday morning assembly to begin.
See story page 2.



our newsletter

Drift is produced at
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Editorial team:

Lily Crockett, Angela Maxwell
Tony Crockett, Chris Warner



New look for newsletter

Observant readers will have noticed the newsletter has a new banner and a new name, *Drift*.

Since the new building came into operation in January, the newsletter has come under discussion for a makeover.

InHouse was thought to be no longer a suitable name, as the newsletter is now on the website for people all over the world to read. In keeping with the beachside theme of Pottsville Beach Neighbourhood Centre, whose rooms are named after sea creatures and sea features, the name *Drift* was chosen. *Drift* is seen as a

gentle, positive element bringing all sorts of diverse surprises to shore. The newsletter will continue to be about the centre, its programs and its workers, including the 180+ volunteers who work tirelessly and enthusiastically to keep the centre running and delivering its stream of activities and services.

We hope news items will drift in and that you will get the drift of the publication.

Your feedback would be appreciated - send any comments or suggestions to lilypbnc@gmail.com



Singing their praises

On Monday, April 2, PBNC's manager Angela Maxwell and Management Committee President Rhonda James gave a presentation at Pottsville Beach Public School.

A cheque and an appreciation certificate were presented to Mrs Thompson and students Josy Avui and Billi Shallue, who received them on behalf of the school.

Mrs Thompson is the talented, dedicated teacher who led the school choir through three beautifully chosen songs at the opening of PBNC's new building

in February.

The children sang with confidence and enthusiasm and many people said they were moved by the songs *Blackfella Whitefella*, *My Place* and *Get Up, Stand Up (Stand Up For Your Rights)*.

The presence of Pottsville Beach Public School Choir at the opening was particularly relevant as the neighbourhood centre is situated on the site of the old school and some of its classrooms are still in use by the centre.

The site is also known as having been a major meeting place for the various clans of the Bundjalung nation.

- PBNC welcomes Peter (Tech Centre), Gary (Outdoor Maintenance) and Libby and Sandy (Admin).
- Erin (Brighter Futures) and Drew (Community Capacity Worker and Tech Centre Co-coordinator) happily announced their engagement last month.
- Also happily announcing their engagement are Sheri (Admin) and Ian.

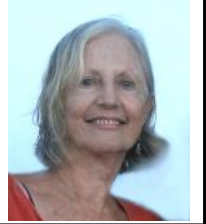
INTRODUCING PBNC'S MANAGEMENT COMMITTEE

Pottsville Beach Neighbourhood Centre's Management Committee consists of President **Rhonda James**, Vice President/Public Officer **Lily Crockett**, Treasurer **Rob Ottery**, Secretary **Carol Marshall** and Ordinary Members **Len Greer**, **Peter Howell** and **Don Swan**. Read on for more..



Rhonda James - President: Being on PBNC's Management Committee for the past twelve years is a dream come true. The transformation of the disused Old Pottsville School into a restored, functioning community facility resulting in a brand new building this year is a credit to volunteers and staff who contributed so much. The original school buildings are also special as they bring back fond memories of when our two boys attended the school. My interests, as a Pottsville resident (really Cudgera) for 35 years, include the provision and support of community facilities, the community having a voice in decision-making and the conservation of our diverse natural environment on the Tweed coast. Current work commitments (and passions) are operating a bush regeneration business, farming and teaching Conservation Land Management at TAFE.

Lily Crockett - Vice President/Public Officer: I joined the management committee last year and previously worked on Murwillumbah Community Centre's management committee for nine years. I have a background in community work, the media and horticulture. My other passions (apart from PBNC and my family!) are caring for the environment and learning about and promoting Aboriginal culture and other cultures. I love gardening, walking, swimming, sailing on Cudgen Lake and living between the mountains and the sea.

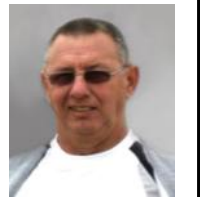


Rob Ottery - Treasurer: My wife, Pat, and I have lived 2km from Pottsville for the last 23 years. We joined PBNC in 2003 and found volunteering a great way to meet other locals. I joined the management committee in 2004 and, with a background in banking, soon became Treasurer. I also test and tag donations of electrical appliances prior to sale. I have seen huge growth at PBNC, culminating in the opening of our wonderful new building. Away from PBNC, I enjoy looking after our property and taking trips in our motor home. When returning from a trip it's always good to look up the Tweed Valley to Mount Warning and say we are home.



Carol Marshall - Secretary: I've been on the management committee since 2004/05. Briefly, in 2007/08, I worked for Brighter Futures (through CONC) and resigned from the committee, but I continued to attend the meetings as BF representative. I have been serving on management committees since 1993. This is my way of feeling that I am contributing to the community in which I live. The vibrancy of PBNC inspires me and seeing how much the Centre does to support and encourage families helps me keep a balance to my work in child protection. Being on the Management Committee means a great deal to me; it is a way for me to feel that I have an active role in the local community and it allows me to be a part of making a positive difference.

Don Swan: Ordinary Member: Having lived in Murwillumbah all my life, I moved to Pottsville before I retired and joined PBNC in February 2002. I guess I am a jack-of-all-trades at the centre, but my background in transport fits in especially well with the picking up of donations of furniture and other gear. This is my third year on the Management Committee. Since I joined PBNC I have met a lot new friends while working on Op Shop days and market weekends. My other interests are golf, surfing and caravanning when I get time.



Peter Howell: Ordinary Member: I moved to Pottsville six years ago and began volunteering in 2008, working at the markets and then making use of my plumbing background to do plumbing jobs around the centre. I have been on the Management Committee for two years. I enjoy working at PBNC where I have made many friends. I believe the centre is a much-needed addition to Pottsville and a very worthwhile cause. My hobbies are bike riding, woodwork and paddle skiing.

Len Greer: Ordinary Member: I have lived in Pottsville for 25 years and been on PBNC's Management Committee for the last two years. I believe that Pottsville Beach Neighbourhood Centre fills an important role in the community and is the result of the accumulation of many people's input. I enjoy having a part in that input.

Update on centre programs

Circle Of Women

PBNC welcomes women to **Circle of Women**, a new monthly group which held its first gathering at the centre on Tuesday, April 10.

The circle aims to provide support for women in a safe and welcoming environment, and is open to women from all ages and backgrounds.

Empowerment, self-esteem, communication, networking, and reaching personal goals and potential are some goals the women at the gathering wanted to achieve. The women also said that they wanted to meet other women to discuss experiences such as relocation and family and marital problems with others who understood.

At each meeting the group will decide what activities will take place the following month. Guest speakers will be invited and many interesting topics and activities explored, and participants will each get the opportunity to facilitate the group.

The circle will meet next on **Tuesday, June 5 from 1pm till 2.30pm in the Sandbar Room** at Pottsville Beach Neighbourhood Centre. Tea, coffee and biscuits are provided, but feel free to bring a plate to share. There's a gold coin donation to cover costs.

To register your interest in this brand new group, or to find out more, ring **Sandy on 0401 038 386** or **Lily at the centre on (02) 764555**.



This is a **FREE** parenting program currently running at the centre.

The program is for parents and carers of children from two to 12 years old. It aims to strengthen family relationships by helping parents/carers to stop bad behaviour and encourage good behaviour in their children.

1,2,3 Magic and Emotion Coaching

You will learn strategies to avoid shouting and arguing, and understand the nature of discipline.

Consisting of three sessions, the program encourages parents to use simple "Stop" and "Start" strategies consistently.

This very popular and successful course is fully booked out this term. However, if this sounds of interest to you, ring Angela at Pottsville Beach Neighbourhood Centre on **02 6676 4555** or email **admin@pottsbnc.ngo.org.au** to discuss your needs and confirm your place in the next course.

Yoga classes

Jess has started yoga classes in the Sandbar Room at PBNC every Wednesday.

Class times, age groups and costs will vary so to find out more, contact Jess

on
0468 348 015 or email
ujaliyoga@gmail.com



ArtPlay

is another fabulous new program being introduced to PBNC.

It's a six-week program consisting of play-based art activities for toddlers. Through play, toddlers will learn the elements of art while exploring their own creative identity. Participants will need to bring old clothes and a smock as this is seriously messy fun!

ArtPlay will be held from 10am till 11am on Tuesdays at Pottsville Beach Neighbourhood Centre in Elizabeth St, Pottsville, starting on Tuesday, May 1. This promises to be very popular so you will need to reserve a place to take part in this program.

Phone Emma-Lea on **0434 790969** or **(02) 6676 4555** to book or find out more.



Work Health and Safety – OHS to WHS

Changes, changes and more changes! New work health and safety (WHS) laws replaced the occupational health and safety (OHS) laws in NSW in January this year, so from now on you will hear people referring to **WHS, not OHS. The changes were made to ensure consistency between states.**

There will be greater emphasis on duty of care, with a broader definition of **worker** to include anyone working in any capacity (including a volunteer capacity) in a business or organisation.

Each worker (even if a volunteer) ***“has a duty to take reasonable care of their own health and safety while at work and also take reasonable care that their conduct does not adversely affect the health and safety of other persons at the workplace”.***

At PBNC, volunteers have always been treated as workers as far as work health and safety is concerned. Volunteers undergo work health and safety induction, hold meetings regularly and assess tasks and address risks involved in those

tasks. So volunteers won't notice many changes but will be asked to participate and cooperate as the centre's procedures are updated to ensure compliance with the new laws.

Businesses and organisations will have until December to implement the new legislation.

Source: www.workcover.nsw.gov.au : *Understanding the Work Health and Safety Act – A Practical Guide.*



PBNC Volunteer Appreciation Afternoon

This month, the centre will host a Volunteers' Appreciation Afternoon (VAA) to thank its many volunteers.

The event is hosted by PBNC's paid workers to show their appreciation of the centre's many volunteers and the fantastic and essential contributions they make to the centre. It's a time when the staff become volunteers and the volunteers become guests.

However, this year the call has gone out for any volunteers to feel free to bring a plate for dessert. This may be due in part to the amazingly delicious goodies that volunteers cook up daily for morning and afternoon teas and other functions at the centre!

The VAA will be held on Tuesday, May 8 in the Reef Room from 1.30-4.30pm.

Please RSVP by Tuesday, May 1 to facilitate catering - phone 02 6676 4555 or email julie.watson@pottsvillebeachnc.org.au

RICHMOND TWEED MOBILE LIBRARY SERVICE



Travelling library moves!

Richmond Tweed Mobile Library Service has been operating from outside PBNC every Friday for many years. Now it's on the move, due to construction demands of the new community health centre being built next to PBNC. Fortunately for regular users, it hasn't moved far. The distinctive bus will be parked in Philip St, behind the centre, and will be open as usual from **9.45am-12noon and 1-3pm on Fridays.**

If you wish to know more, **phone (02) 6625 1415.**

Get those fingers tapping on the keyboard or pick up that pen! Let's have some contributions to *Drift*. If you have any interesting items or information for PBNC's workers and supporters, email it to lilypbnc@gmail.com or leave it at the office for Lily.

PBNC ADMINISTRATION

Monday to Friday 8.30am - 1.30pm

DIABETES SUPPORT GROUPwith Ruth Reef Room
First Wed each month 2 - 4pm**LIGHT AEROBICS**with Vera - Sandbar Room
Tuesday 9.15 - 10.15am
Friday 9.15 - 10.15am**OPP SHOP**

Monday	9am - 4pm
Tuesday	9am - 1pm
Wednesday	9am - 1pm
Thursday	9am - 1pm
Friday	9am - 4pm
Saturday	9am - 1pm
Market Sundays	7am - 1pm

POTTSVILLE PLAYGROUPSandbar Room
Monday 10am - 12pm
Tuesday 10.30am - 12.30pm
Thursday 10am - 12pm**PBNC TECHNOLOGY CENTRE
COMPUTER LESSONS &
INTERNET ACCESS**

Monday	9am - 1pm
Tuesday	9am - 5pm
Wednesday	9am - 6pm
Thursday	9am - 5pm
Friday	9am - 5pm

YOGA WITH JESSReef Room / Sandbar Room)
Wednesday - Ph Jess 0468 348 015
for times and more details**S - T - R - E - T - C - H YOUR MIND**with Adam
Thursday 12.30 - 2.30pm**TOY LIBRARY (FREE)**Monday to Friday
9:30am - 12:30pm**WORDSFLOW**Rosemary Nissan Wade
Sandbar Room
Friday 12.30 - 3pm

Contact Administration Office for
more details or bookings
(02) 6676 4555.

**Centrelink
Agency**Monday to Friday
8.30am to 1.30pm

Associate membership is open all year
round (\$3 for the first year and \$2
thereafter). Membership
renewals are sent out to existing
members in May each year.

Side by Side is a social support group for children and young people with Aspergers and their parents or carers. The group meets during school terms from 1pm on the first Saturday of each month for combined primary and secondary school age, and the third Saturday each month for teens. Contact Debbie or Terry on 6676 0483 for more details.

what's on at the centre**Monday**

Technology Centre
9am-1pm
Pottsville Playgroup
Sandbar Room
10am-12pm
Toy Library
9.30am-12.30pm

Tuesday

Technology Centre
9am-5pm
Light Aerobics
with Vera
Sandbar Room
9.15-10.15am
Pottsville Playgroup
Sandbar Room
10.30am-12.30pm
Toy Library
9.30am-12.30pm

Wednesday

Technology Centre
9am-6pm
Toy Library
9.30am-12.30pm
**Diabetes Support
Group** with Ruth
(1st Wed each month)
Reef Room 2-4pm

Thursday

Technology Centre
9am-5pm
Pottsville Playgroup
Sandbar Room
10am-12pm
Stretch Your Mind
12.30-2.30pm
Toy Library
9.30am-12.30pm

Friday

Technology Centre
9am-5pm
Light Aerobics with
Vera
Sandbar Room
9.15-10.15am
Toy Library
9.30am-12.30pm
**Pottsville Toddler
Tunes & Stories**
Sandbar Room
10.30am-12pm (during
school term)
WordsFlow with
Rosemary Nissan
Wade
Sandbar Room
12.30-3pm

Saturday**Opp Shop** 9am-1pm**Sunday**

**Pottsville Beach
Markets, Opp Shop**
(7am-1pm) &
**Community
Barbeque**
First and third Sunday
each month

Market dates
(**May, June, July**)
May 6th & 20th
June 3rd & 17th
July 1st & 15th

DANCING WITH NIKKI

Nikki is conducting
high energy freestyle dance
classes for pre-schoolers to adults.
Come along and have some fun
- it only costs \$5 per lesson. For more
information and class times, contact
Nikki on 0417 036 609



Tweed Coast U3A conducts several classes at
PBNC including Quilting, Booklovers and
Botany For Inquisitive Gardeners.
For more details, phone **0466 355905** or email
tweedcoastu3a@gmail.com