Issue 6 - November-December 2013

a publication for workers & supporters of Pottsville Beach Neighbourhood Centre

Pottsville Beach Neighbourhood Centre

We respectfully acknowledge the traditional custodians of the land on which our centre stands, the Bundjalung nation.

Season's Greetings from on high!

Congratulations on a very productive and rewarding

Thanks to PBNC Treasurer Rob Ottery for this great photo of a koala taken at his home in Hazelwood Drive, Pottsville Beach on November 9. See page 2 for more on koalas

year; here's wishing everyone an enjoyable and rejuvenating Christmas and New Year.

Pottsville Beach Neighbourhood Centre will be closed between Christmas and New Year. Services will cease at close of business on **Tuesday, December 24th, 2013** and resume on **Thursday, January 2nd, 2014.**

PBNC's Christmas Markets will be held on **December 15th** and PBNC's first Market for 2014 (including Opp Shop and Community BBQ) will be held on **Sunday, January 5th, 2014.**



our newsletter

Drift is produced at Pottsville Beach Neighbourhood Centre, 12A Elizabeth St, Pottsville Beach, NSW 2489 (02) 6676 4555 admin@pottsbnc.ngo.org.au www.pottsvillebeachnc.org.au

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Production team:

Tony Crockett, Angela Maxwell, Lily Crockett, Chris Warner

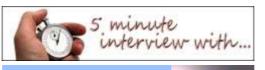
Front cover: **Koalas**

Did you know that, due to habitat fragmentation, the remaining viable koala population on the Tweed Coast is now restricted to a **small area between Bogangar and Pottsville**, according to the Tweed Coast Habitat Study 2011.

Many factors make survival in our rapidly changing world difficult for the koala. To keep genetically strong, they need to travel long distances to find a mate, so they require corridors to move along to other koala–friendly areas. They only have one offspring every two years, meaning that the loss of one baby is a huge loss to the community in survival terms.

To find out more about koalas, visit

http://www.tweed.nsw.gov.au/Item/2285 or https://www.savethekoala.com



Admin / Op Shop Volunteer

hop eer

Do you have a favourite movie?

The Hunt For Red October with Sean Connery - just sticks in my mind.

Do you have a favourite book and/or author?

Author Pauline Simmons and Patricia Cornwall - I read so **much and can't pick out a** particular book.

What famous person would you choose to spend an evening with and why?

Well I would have said Noel Coward the playwright but he is dead!! So...I will say Hugh Jackman - actor, producer. He is charming, very Aussie, down-to-earth, a great family man and gorgeous with it.

What is your favourite food? Stir fries ..any combination, easy to cook and made with delicious fresh ingredients.

Whom do you most admire and why?

Fred Hollows - Australian ophthalmologist who specialised in treating avoidable blindness and eye problems. In third world countries he worked under extremely difficult circumstances. Such a selfless person whose legacy goes on.

If you could travel to anywhere in the world, where would it be and why?

Alaska/North Canada because it's so different to anywhere I have ever been before; the landscape, the animals and the lifestyle would be an incredible experience.

What does PBNC mean to you? It's a big family, welcoming, and a pleasure to work with like-minded people.

Annual General Meeting

Twenty-six people attended PBNC's Annual General Meeting for 2013, held in the Reef Room on Tuesday, November 19.

The extensive and comprehensive Annual Report, illustrated with many photos of workers and participants of PBNC's various programs and enterprises, was presented by Manager Angela and thanks passed to Tony, who was very involved in putting it together. Angela thanked Drew and Julie for their ongoing assistance with the day to day running of PBNC, especially when dealing with deadlines. She thanked Lily for her assistance with public relations work, Linda for her work on the website and other projects at the Tech Centre, and Clive for his work in Maintenance. Angela said that, because so many people work very hard to bring everything together at the centre, it was impossible to thank everyone.

The Treasurer's Report was presented by Rob, and the President's Report presented by Rhonda. Both reported on the growth of PBNC, especially since the new building and its many facilities have been available for use by PBNC workers and the community, and both thanked Angela for her passion, commitment and the results she has achieved.

Tony, as Returning Officer, then thanked the outgoing Management Committee and conducted the



election of the new Management Committee. The election results were as follows: President - Rhonda James: Vice-President - Len Greer; Public Officer - Lily Crockett; Secretary - Christine Warner; Treasurer - Rob Ottery; and Ordinary Committee Members -Peter Howell, Bernie Weatherall and Amanda Bauer Bradley-Fish. Bernie and Amanda are new to the committee, while Len is the new vice president - all three were warmly welcomed. Special thanks went to Don Swan (who resigned from his position on the management committee) for his dedication to the task and his contributions on various sub-committees for many years.

PBNC's Social Enterprise PowerPoint Presentation, which has become a great learning and publicity tool for the centre, was played and Angela talked the attendees through it, giving more details on the centre's achievements.

The meeting ended with the crowd enjoying a selection of tasty morsels organised and presented by Jan and Cecily. The governance team gives special recognition to Jan and Cecily for their splendid, ongoing provision of delicious offerings at management committee meetings and at the AGM each year. ■

PBNC Christmas Party 2013

One hundred and ten revellers, many adorned with 'Christmas bling', turned up to PBNC's Christmas Party, held each year at Pottsville Sports Club to thank the centre's staff and volunteers for all their hard work during the year.

Clive was the impeccably dressed, incomparable compere, as he has been for many years. Keeping the crowd happy with soft rock music was Ian Cooper, who also conducted a trivia quiz in which one of the counsellors at PBNC, Michael, won most of the Snickers Bars. Nyree, Jan C and her friend Elaine from Brisbane won the best dressed, while many others walked away with prize vouchers from local businesses.





Good food, good company and some fantastic dancing, led by Nyree and quickly followed by Angela, at the end of the night, added up to what many called the best Christmas Party yet.

Many thanks to Linda Marson for producing a creative video of the evening **"Uptown Pottsville".** A slide show and the video appears on PBNC's homepage.



















If you would like a copy of any of these photos please see Lily on Mondays and Wednesdays.









































PBNC departed from its usual practice of giving away lots of little prizes. Instead, lucky recipients were awarded vouchers from local businesses. This initiative proved to be a wonderful success, as shown by the number of businesses taking part in this opportunity to reward workers, raise PBNC and business profiles and to boost the local economy. Many thanks to Clive for his salesmanship and hitting the footpath with Welcome Kits in hand and garnering support.

Thanks to the following local businesses!

Pottsville Sports Club

Pottsville Tavern

Pottsville IGA Gran Dune Design The Old Pottsville Store Karesa's Café

Grant's Butchery

White Jade

Pottsville Cellars

Tru-Value Hardware

Night Owl Pottsville



PBNC farewelled a very valuable friend and ally when Tweed Shire Council (TSC) officer Jenni Funari resigned from her position as Community Capacity Officer in November.

Several PBNC workers and committee members had collaborated with Jenni in a variety of community areas in both Murwillumbah and Pottsville during the past two decades. Jenni was instrumental in the formation of PBNC, from its beginnings on the former Pottsville School site to its present state. PBNC manager Angela worked closely with Jenni to obtain the centre's new admin building, and Jenni has assisted the centre to work with TSC to implement maintenance of both the new building and the old school buildings which house the centre's many services.

To farewell Jenni and thank her for her friendship, tireless commitment and invaluable assistance to PBNC, a morning tea followed by lunch at White Jade was held, with Jenni, Angela and members of PBNC's Management Committee, both past and present, attending and enjoying.

Jenni planted a clivia (an orangeflowering ornamental) beneath the tree in "Ryl's Garden" (now the "Memory Garden") so that she is always remembered at the centre. She was also given a clivia to take with her to remind her of PBNC and her many grateful friends there who will miss her smiling face, mischievous laugh and her ability to connect people and "get things done". Jenni leaves on an adventure of relocation but will still have her home in the Tweed. We wish only wonderful experiences for her.



Sharna - here to help the community



Hi everyone - my name is Sharna O'Gorman and I am 20 years of age. I am from the small town of Cudgen, where I have lived all my life. I enjoy playing touch football, going to the gym and spending time with my family, friends and boyfriend.

My occupation is childcare assistant, as I love interacting and helping out with children of all ages. I have been in the childcare industry since I was 14 and still continue now. Recently I decided to participate in volunteer work but wasn't sure where to go. Pottsville **Beach Neighbourhood Centre** was brought to my attention as I'm always in the area and was interested to know about the centre. I searched the internet to see what happens there. That's when I found out about the playgroups, music and art activities for all ages, which I thought would be a perfect opportunity for me. It's a very friendly and fun environment and good to see the parents come along too, which helps make their children more comfortable being there. There are lots of toys and activities that we set up for them such as dolls, trucks, dressups, art and craft, and at the end we have a little dance and

read stories.

I have learnt a lot of skills already. I have been here several months now and have been taught how to work in the administration department, a whole new working field for me. My main weakness was customer service but I have now overcome my fears thanks to staff and co-workers who have assisted me and encouraged me just to have a go. PBNC workers have been very comforting since the day I started and have helped me out a lot, which is great. I always feel very welcome to the work place and happy, as it's a very friendly and positive environment. I have met a lot of people along the way and they are all such beautiful people to work with.





On her arrival at PBNC, Sharna was shy and introverted BUT... ...after three months at PBNC, Sharna is confident and outgoing!

Introducing Trainer Extraordinaire....Morgan

Morgan started volunteering in October 2012 in PBNC's Technology Centre, where he works as a trainer and technology support person, as well as filling in on reception when needed.

Morgan has held many different jobs in as varied as bank security guard, technology support and graphic designer (in small businesses and shops), on the Tweed Coast and across the border to Currumbin. He has lived in Tweed Heads most of his life, and savs one thing would encourage him to move - better broadband connection!

Coming to PBNC through the employment agency Tursa, Morgan said he had been finding it difficult to get work in the computer field around Tweed Heads - there were not many opportunities for him. He said he liked working at PBNC as the conditions were good, with the Technology Centre newly refurbished, with airconditioning! He said he enjoyed working with fellow trainer, Karina, and Tech Centre supervisor, Drew, and discussing work issues together, and found that, as part of his role at PBNC, he was able to keep up-to-date with the latest technological advances.

"I have learnt patience through training people who don't have my level of knowledge and experience," said Morgan. "A lot of people are nice, and I haven't met anyone too abrasive." Morgan is an excellent trainer and very patient, according to supervisor Drew and co-worker Karina.

As he likes learning new things, Morgan has taken up learning Japanese, for which he downloaded the Apps. He is also an amateur/ professional photographer who takes photos mainly at family gatherings. If there is something on, Morgan says he is always asked to bring his camera. So guess what - we have uncovered another photographer for Drift!

Morgan is one of many patient and knowledgeable trainers at the Tech Centre. If you wish to update your technological skills in a particular area, or just become computer literate, you may book a one hour session with a trainer at the cost of \$5 an hour or, if you are over 60, you are eligible for two FREE one hour sessions as part of PBNC's Tech-In for Seniors program. To book or find out more, ring PBNC on 6676 4555.



Coming soon to PBNC more healthy fun for kids! NSW Health will be running its Go4Fun Program for kids at PBNC next year. Beginning on Tuesday, February 4 and ending on April 10, the 10-week program will consist of twice weekly sessions on Tuesdays and Thursdays. See the flyer below for booking contacts

and more details.

Free Healthy Lifestyle Program for Kids!



- Tips to improve family nutrition Set goals to maintain a healthy weight

Starting at Pottsville

in early February



To book or find out more, call: (02) 6620 7504



"The best thing about the program was playing games. Since starting I've lost weight and learnt about the healthy stuff I should be eating." Carly, 2012



Art & Play is an initiative of PBNC that provides art activities for toddlers and pre-schoolers. These 'seriously messy play-based activities' teach the children the elements of art while exploring each child's creative identity.

The children play with various mediums such as Playdoh, crayons, textas and glue (for collages). Facilitator Emma-Lea offered watercolour paint and paper as another medium that the children might not have at home.

"It was great, we could do wet on wet or use food dye, teaching the children watercolour technique," said Emma, adding that the children were very pleased with the effect.

Assisted by parents and PBNC workers, Emma-Lea is dedicated to her role, and she enjoys reaching families with young children. Emma-Lea is pictured below, on the left, holding her Certificate of Appreciation for her valuable, creative and sustained service to Art And Play, which was presented to her by Community Capacity Worker Karen Hodder.



Art & Play takes place in the Coral Bay Room on Tuesdays from 10am till 11am. **Phone Emma-Lea on 0434 790 969** if you wish

> to find out more about this great program for toddlers and pre-schoolers.



Last month Sue Higgins (standing), from the the Australian Taxation Office Tax Help Program, met with PBNC Tax Help volunteers (left to right) Michael (newcomer) and Dave, (seasoned campaigner) and PBNC Volunteer Support Worker, Julie at White Jade restaurant, where Sue hosted a delicious morning tea for them in recognition of their work.

Tax Help volunteers are invited each year to a get-together to thank them for their input to the program. This year the event was to be held in Brisbane. Sue suggested that it might suit PBNC workers better if they met locally, and this turned out to be a very good idea.

Julie said the group seemed to really relax and enjoy the informality of a small group meeting in familiar surroundings, while Michael, who has just completed his first year as a PBNC Tax Help worker, said he found it beneficial being able to talk in a small group about problems specific to his experiences in Tax Help at the centre over the past year.

Tax Help provides valuable assistance free to those with straightforward returns who earn under \$50,000 per year and have difficulty completing their returns. The program has been running at the centre for twelve years. It runs during tax season (July to October 30), and in that period the workers, operating from their refurbished office at the Tech Centre, helped nearly 100 clients to complete their tax returns. The program will resume again at the beginning of July, 2014 ■

Things just happen....Especially at PBNC!

Have you looked out from the verandahs towards HealthOne lately? You may have wondered where the beautiful, level green lawn and cement pavement came from. As with many projects at the centre, it's the result of the networking between PBNC, local organisations (in this case Pottsville Beach Public School), dedicated volunteers such as Clive, Mike L and Rob I, Tweed Shire Council and local businesses.

The school donated excess soil to level out the area in front of Ebbtide (the Technology Centre); our crew barrowed the soil to level the lawn; Cudgera Couch Lawns supplied the turf and local contractors laid the footpath between HealthOne and PBNC.







Meetings at the centre

Peter W addresses the Men's Shed, Maintenance and Gardening Crew at the WHS training session he presented in August.





Julie (standing, centre) and Karen (standing, far right) address the Opp Shop WHS and general meeting held in November. Workers were updated on WHS policies and procedures, and discussed work ideas and issues.

What's happening at the Markets!



Pottsville Beach Market Co-ordinator Lee Robertson (left) wishes Irving and Margaret Buchbach a very happy retirement, and presents them with a Certificate of Appreciation. **Margaret and Irving Buchbach** are two longstanding stallholders at the Pottsville Beach Neighbourhood Centre Markets, who are retiring from the markets after more than 10 years. Their stall was always stocked full of cement characters, birdbaths, wall plaques and other decorative items for outdoors (and indoors), which have been very popular items with market goers. PBNC thanks Irving and Margaret for their valuable input to the markets, and wishes them much enjoyment doing what they love most, fishing and fossicking.

Craig Blackburn and his wife, Jeanette, have been bringing many children great enjoyment with the Uniting Church Jumping Castle and activity centre at the markets since 2006. Craig was presented with a Certificate of

Appreciation from PBNC for his part in the organisation of a donation of soil from Pottsville Primary School. The soil was used to level out the lawn in front of the Tech Centre.



standing inside the Jumping Castle) with Craig's Certificate Of Appreciation from PBNC.



The winner of **Friends of the Pound raffle** was Pottsville Market stallholder **Dennis Adams**, who was presented with his Labrador Dog prize by Friends of the Pound volunteer **Janis Banks**. The giant toy dog was donated by Ruth Irwin, who attended the market for many years with her stall supporting the Queensland Guide Dogs Association. **The raffle raised \$556 for Friends of the Pound**.

The first markets for 2014 will be held on January 5 and January 19. PBNC Markets are held on the first and third Sunday of every month.



Bula

PBNC admin worker Sandi and her friend Les (famous at the centre for his donations of home-grown tomatoes) are currently hosting their Fijian friends Suli and Loto. The friends arrived in Australia on December 15 for a month's holiday.

One of the first highlights was a visit to PBNC, where everyone got to practise their big smiles and saying hello – Bula! – in Fijian. Suli and Loto were taken on a tour of the centre and they told us a bit about their life in Fiji. They left their home in the Yasawa Islands and settled in mainland Fiji in April this year. They have four children, with the eldest attending university. They live quite a different life in Fiji, without all the mod cons we are used to, and Loto has been intrigued by the operations of the microwave and is looking forward to visiting her first big shopping centre.

Suli is a ship's captain and his boat is the Fiji Princess, which he bought and sailed back from Chile to Fiji. He worked for Blue Lagoon Cruises, which is where he met Sandi and Les, but left that job to become a tugboat

captain in Lautoka, great for the family as they get to spend more time together. Sandi and Les will be showing Suli and Loto all the wonderful sights in our part of the world, and will be giving them an insight into Aboriginal culture through visits to Currumbin Sanctuary and, hopefully, an educational walk through the Pottsville Wetlands.

Bula, Suli and Loto - we hope you have a wonderful time on the Tweed Coast!



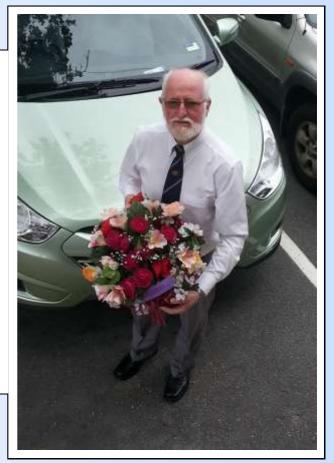
Get Fit, Keep Fit Christmas Party

Twenty-eight women from PBNC's *Get Fit, Keep Fit* group met on Tuesday, December 17 at the Beach Hotel, Cabarita Beach, for their Christmas party. Spokeswoman Jan said they enjoyed a delicious lunch at this beautiful seaside hotel. From the photo, they all look pretty glamorous and fighting fit, of course! The fitness group meets for gentle exercise in PBNC's Sandbar Room on Tuesdays and Fridays from 9.15 till 10.15am. Sessions resume on Tuesday, January 14 - just turn up if you are a woman who wants to get fit.

Lest We Forget - 11/11/13

On Remembrance Day Clive and Jan participated in a local commemorative ceremony at the cenotaph, between the oval and the community hall. This is something that they have done with pride and honour for many years through their association with the Pottsville RSL Sub-branch and Pottsville Beach Neighbourhood Centre. Each year Jan cleverly creates a wreath which they lay in memory of the fallen.

Remembrance Day marks the anniversary of the armistice which ended the First World War (1914–18). Each year Australians observe one minute silence at 11am on 11 November, in memory of those who died or suffered in all wars and armed conflicts.



THE YOUNG AT HEART

AT THE DANCE PARTY WORKOUT THAT MOVES AT YOUR PACE.



FOR CLASS DETAILS CONTACT YOUR LICENSED ZUMBA' INSTRUCTOR:

LISA BURNIE 0422011051

NEW CLASS STARTING HERE NONDAY 20th JANUARY 201481 12:00 - 12:45PM SE CASUAL BRING TOWEL, WATER AND A BIG SMILE

party



Wishing you a safe and happy holiday season

See you in the New Year All the best

The Drift Team

zumba.com

PBNC Regular Programs & Services

PBNC ADMINISTRATION DHS (Centrelink) Applications to join our association are Agency Monday to Friday 8.30am - 1.30pm always welcome - just ask for your application form from one of the friendly Monday to Friday **DIABETES SUPPORT GROUP** front desk crew or call PBNC 6676 4555 8.30am to 1.30pm . With Ruth - Reef Room 1st Wed each month 2pm - 4pm Side by Side is a social support group for children and young people with Aspergers and their parents or carers. The group meets during school SECONDHAND FURNITURE SHOP terms from 1pm on the first Saturday of each month for combined primary and secondary school age, and the third Saturday each month for teens. Th, Fri 9am-1pm; Market Sun 7am-1pm Contact Debbie or Terry on 6676 0483 for more details **GET FIT, KEEP FIT** Sandbar Room Wednesday Monday Friday Tues 9.15 - 10.15am, Fri 9.15 - 10.15am Technology Centre **OPP SHOP** Technology Centre Technology Centre 9am-5pm 9am-1pm 9am-1pm Monday & Friday 9am - 4pm Toy Library Furniture Shop Tues, Wed, Thurs, Sat 9am - 1pm Pottsville PlayTime 9.30am-12.30pm 9am-1pm Sandbar Room **Diabetes Support** Get Fit, Keep Fit 9.30am-11.30pm **POTTSVILLE PLAYTIME GROUP** Group with Ruth Sandbar Room Toy Library (1st Wed each month) 9.15-10.15am Sandbar Room 9.30am-12.30pm Toy Library Monday 9.30am - 11.30am 9.30am-12.30pm Thursday Pottsville Toddler PBNC TECHNOLOGY CENTRE Tuesday **Tunes & Stories** Computer Lessons & Internet Access **Technology Centre** Sandbar Room 9am-5pm Sandbar Room 10.45am-12pm Technology Centre Furniture Shop Tues 9.15 - 10.15am, Fri 9.15 - 10.15am (in school term) 9am-5pm 9am-1pm Wordsflow with **TODDLER ART AND PLAY** Pottsville Playtime Get Fit, Keep Fit **Rosemary Nissen** Sandbar Room Sandbar Room Coral Bay Room (next to Reef Room) Wade 9.30am-11.30am Tuesday 10 - 11am 9.15am - 10.15am Sandbar Room Stretch Your Mind 12.30-3.15pm Toy Library Reef Room STRETCH-YOUR-MIND 9.30am - 12.30pm 12.30-2.30pm Thursday 12.30 - 2.30pm Saturday Toy Library Scrabble 9.30am-12.30pm **TOY LIBRARY** 10am - 12noon Opp Shop 9am-1pm UFO Craft Group Monday to Friday 9:30am to 12:30pm Reef Room Side by Side Aspergers Support 9.30am-11.30am WORDSFLOW Group - From 1pm DANCING WITH NIKKI Freestyle dance classe (see ad above) with Rosemary Nissen Wade for pre-schoolers to adults - \$5 per lesson Sandbar Room - Fri 12.30-3.15pm Contact Nikki on 0417 036 609 (in school term) Sunday SCRABBLE **Community Pantry** Tuesday 10am - 12 noon Pottsville Beach every Wednesday Markets, Opp Shop. **UFO CRAFT GROUP** Coral Bay Room 10am-12 noon Furniture Shop with Clair - Reef Room (7am-1pm) & Thursday 9:30 - 11:30am Community BBQ -Tweed Coast U3A conducts classes at PBNC first & third Sunday e.g. Quilting, Booklovers, Gardening, Art & each month Cryptic Crosswords. Ph PBNC (02) 66 **Contact Administration Office** Next markets Jan 5 & 764555 or email admin@pottsbnc.ngo.org.au for more details or bookings 19; Feb 2 & 16, 2014 (02) 6676 4555.

what's on at the centre