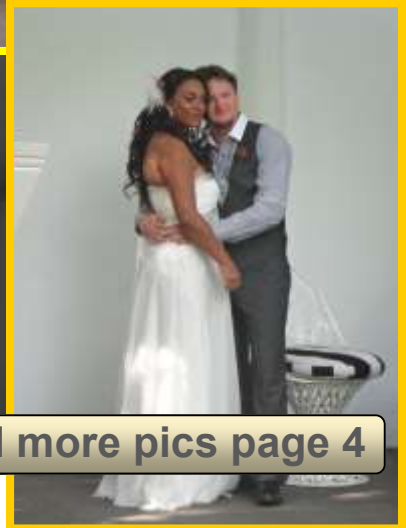




We respectfully acknowledge the traditional custodians of the land on which our centre stands, the Bundjalung nation.

# Wedding Bells



Story and more pics page 4



## our newsletter

Drift is produced at

Pottsville Beach  
Neighbourhood Centre,  
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Pottsville Beach, NSW 2489  
(02) 6676 4555  
admin@pottsbnc.ngo.org.au  
www.pottsvillebeachnc.org.au

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What's on at the Centre

### Production team:

Tony Crockett, Angela Maxwell,  
Lily Crockett, Chris Warner,  
Michelle O'Brien

## Message from Angela



Howdy *Drift* readers,

After ten years working here, and a recent self-drive trip around the spectacular North and South Islands of New

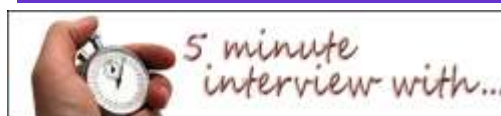
Zealand, I've learned a lot about people and places. I had the luxury of time and distance while away to reflect on many positive PBNC achievements, interactions and community outcomes.

I marvel at photos, taken in 1999, that show vacant, dilapidated school buildings and a jungle of vegetation, compared to our current vibrant centre with its inviting gardens and grounds, shiny, new admin building and character-packed older buildings. In my opinion, the most memorable moments in our short history are ones emanating from

(continued opposite page)



Mirror Lakes



## Libby

Student on placement



Do you have a favourite movie?

**I love Willie Wonka and the Chocolate Factory - the original with Gene Wilder.**

Do you have a favourite book and/or author?

**No...I read books on Quilting, Craft, Design, Architecture.**

What famous person would you choose to spend an evening with and why?

**Rob Thomas - singer/musician/songwriter with the band Matchbox 20. I love the lyrics he writes and it would be great to spend an evening with him.**

What is your favourite food?

**Anything spicy - the spicier the better!!**

Whom do you most admire and why?

**Princess Diana - I really admire her strength. She experienced difficult times and was under a lot of stress as the wife of Prince Charles. She managed to show the public it is possible to deal with life's blows and she was and will remain an inspiration to us all.**

If you could travel to anywhere in the world where would it be and why?

**Paris - I would just love to visit the Louvre and see the art and architecture. Having said that, Italy would be a close second.**

What does PBNC mean to you?

**Volunteering is helping me with my studies to get a diploma in Community Services. It has provided me with a broader social circle and a sense of community belonging.**





(cont. from previous page)

human connections and conversations, leading to idea 'seeds' for planting and nurturing by many. This results in a rich landscape of possibilities, including the formation of friendships and the melting away of social isolation and disadvantage, culminating in a strong, connected and safe community.

It is deeply rewarding to witness the power of people, especially when their motivation is grounded in creating benefits for others. But everything has not always gone to plan, or resulted in a perfect record of sustainable outcomes. Flexibility and resilience (and a sense of humour) are key components in the centre's health and wellbeing. Sometimes it requires patience to wait for the 'right' time to spring into action, or to find the ability to carry out our work with good humour so that daily tasks remain enjoyable. And sometimes it is very difficult to balance budgets and

priorities to meet expectations and match resources to areas of most need. PBNC's existence and viability are inextricably linked to the needs of its community, juxtaposed with establishing and maintaining enduring partnerships. Having term-limited funding (we've never received recurrent funding), keeping up with changes in political directions, social trends, opportunities for growth, and maintaining self-generated income derived from dry-weather-dependent social enterprises like the markets and op shop are all vital to our capacity and success.

Sunny weather may not be consistent but the commitment from PBNC workers (unpaid and paid) remains unwavering all year round. Always has been, and, I suspect, always will be. It is highly contagious.



The mountain of PBNC goodwill continues to build and the culture of participation and contribution appears heavily embedded across all workgroups. I don't think this phenomenon is *all* due to the gourmet soup served during annual Volunteer Appreciation Events, or the entertainment at Christmas parties. The stability, creativity and productivity of PBNC's workforce, the comfort afforded through its substantial physical assets, the generosity of, and acceptance by, the community, along with the popularity of its programs, services and events flow together to create a true formula for success.

Notwithstanding the busy-ness of this place, let's all take some time to reflect on our achievements and celebrate the small and large victories that enable us to feel satisfied with our community work, done well! ■





**In what is believed to be a first for the centre (among staff members), there was a wedding recently.**

Drew, who works as Community Capacity Worker at PBNC, met Brighton Futures worker Erin in 2010 and romance blossomed. In February this year, the couple were married at the beautiful Brighton International in St Kilda in Melbourne. The dodgy Melbourne weather turned on its best sunny weather, and Erin said the gardens and reception centre were really spectacular. Erin's son Tyler was pageboy and daughter Jasmine was flowergirl. It was very much a family celebration, with many relatives from each side celebrating. Representing Drew and Erin's PBNC "family" was one of Erin's fellow workers at Brighton Futures, Chris.



With Drew's mum an experienced community worker, the question has to be asked - 'is this the start of a line of super community workers?'



## Maintenance



**Nyree and Jenny** are the centre's lively and stylish cleaners. Between them they keep the whole centre looking clean, neat and sparkling. Nyree joined PBNC in 2009 and also works in the Opp Shop and on the Front Desk. Jenny, whose other role is Opp Shop worker, joined in 2000. Nyree and Jenny both said they love their work. ■



**John and Peter LL** work between the Opp Shop and Maintenance, ferrying donated items (other than clothes) down to Maintenance for assessment, cleaning and repairs, and taking items assessed as ready for sale back up to the Opp Shop. They also assist at the community pantry on Wednesdays. John and Peter are pictured left at work on another of their tasks - filling pink bags with clothing unsuitable for sale in the Opp Shop. The bags are then picked up by the Pink Bag people and the items recycled. ■

### Testing time for toiling treasurer

Last month in the story of PBNC's Test and Tag team an omission was made when the longest serving Test and Tagger, Rob, was left out.

Rob has been testing and tagging at the centre for almost nine years. During that time, he has completed 3,700 tests on electrical equipment, tagging those suitable for sale.



As well as helping the centre remain viable and grow in this way, Rob is also a key member of the maintenance team, assists at the markets, provides a JP service, and is the super treasurer who keeps all the centre's financial affairs on track.

A truly multiskilled man! ■

## Admin / Information, Referral and Advocacy



Karen came to PBNC in May last year to assist in the transition of the playgroup from the Playgroup Association NSW to PBNC's PlayTime Group. Karen's role has grown to include information and referral, many aspects of administration and assistance with training new students and workers.

Karen has lived in Mullumbimby for 10 years and loves the quiet country life. She revels in home and family life, with her grandson being her major focus, and is also active in the community, being the President of Mullumbimby and District Neighbourhood Centre. On moving to the far north coast, she volunteered at Byron Youth Service which sparked her passion for community services. Karen received an Award of Excellence for her academic achievements in that sector at TAFE.

After completing her TAFE studies, Karen went on to complete a Bachelor of Social Science. Some interesting projects Karen has worked on are events such as 'Reclaim The Night' and 'International Women's Day'. Karen has also worked in the Northern Territory in the remote Aboriginal community of Yuendumu with the Old People's Program and Probation and Parole. Karen brings a wealth of experience to PBNC and feels grateful for the opportunity to use her skills. Being part of the PBNC team has given her a strong sense of security while boosting her confidence, Karen said. ■

### Karen - Community Capacity Worker at PBNC.

### Dahl, darl? 😊

This recipe for dahl comes from Karen. It's very nutritious, satisfying, economical, easy to prepare and easy to store.

#### Ingredients:

|                 |                |                                       |
|-----------------|----------------|---------------------------------------|
| 2 cloves garlic | 1 knob ginger  | 1 chopped chili or pinch chili powder |
| 1 chopped onion | 1 tsp turmeric | 1 cup dry red lentils                 |
| 1 tsp coriander | 1 tsp cumin    | 2 cups water                          |

#### Method:

Fry onion, add chopped garlic and ginger, add spices.

Rinse lentils 2 or 3 times; add to fried mix.

Add 2 cups water; bring to boil.

Add carrot rounds, cabbage, potatoes or other vegies as desired.

Simmer 20 minutes.

**Serve with flat bread, poppadoms, steamed rice and/or a green salad and enjoy!**



# Opp Shop

## Makeover Madness

**It was a mad couple of weeks in March as workers prepared for a makeover of the Opp Shop and the Tech Centre.**

In the Opp Shop, its workers pitched in with the Maintenance team to move furniture and store items for sale safely so painting could begin. Painters from **Coastal Tones** did a wonderful job, giving the premises a fresh, new look with coats of white pearl.

Then it was time for PBNC workers to come in again, move furniture and put items for sale back on display in the fabulous new look Opp Shop. If you haven't dropped in to the centre lately, come and check out the freshly painted Opp Shop...you will probably pick up a bargain!

**Clive and Jan - two key workers who were instrumental in the before and after process of the Opp Shop makeover.**



Dick, Marcella and Cathie were part of the team assisting with preparations for the Opp Shop makeover.



## Tech Centre

**The Tech Centre has also experienced a makeover, with pearl coloured blinds and freshly painted walls.**

Tech Centre workers all pitched in to prepare the rooms for painting. Computers and leads were tagged, unplugged and moved, furniture moved and walls stripped bare.

New, brightly coloured flags (pictured on right) now fly outside the centre to

advertise the services offered there - internet and email access, computer servicing and trouble shooting, and individual lessons and tuition.

As well as attracting the general public, it is hoped that the flags will attract the attention of clients of the new one-stop medical centre, HealthOne, which has just opened next to PBNC, creating a flow-on through the centre.



## Group News

### Stretch Your Mind

This group provides activities to stimulate and exercise the mind and body. Facilitated by Jane, Stretch Your Mind (SYM) is held on Thursdays from 12.30 to 2.30pm in PBNC's Reef Room.



Don, Pam, Heather, Molly and Deb



**Doug and Annie** host the Scrabblers group at the centre on Tuesdays in the Star Fish Room from 10am till noon. They are always ready to welcome scrabblers at any level to this friendly group.

## PBNC resources help produce book

In a display of what can be achieved with the skills and team work of PBNC workers as well as the resources of the Tech Centre, George Parker was assisted in having his first book published and made ready for sale.

The autobiography, entitled ***The Boy From The Blitz***, is a rollicking tale with scenes of the bombing of London witnessed from his rooftop by George as a child, and his adventures as he grew up during WW2. It tells of sailing to Australia with his family as a 12-year-old and, in time, meeting his future wife. The story includes tales of love, family, travels, work and play.

George became a regular at the Tech Centre as he learned how to use a laptop with assistance from volunteers, a key one being



Tony, George and Lily celebrate the arrival of the first proof of ***The Boy From the Blitz***.

Pauline, during his rehabilitation from a stroke. Once it was known that he was working on his autobiography, it was suggested that Lily proof the manuscript, with Gina and Chris doing final proofing. Tony then learned how to get the book ready for publication, resulting in a brand new book.

The launch of ***The Boy From The Blitz*** will be at Broadbeach

Library on June 8th, 2013 where people can meet the author and where there will be copies on sale personally signed by George.

George is currently writing an historical novel and there is no stopping him. It has been a proud and rewarding process for all concerned. ■

## The story of two photos - from Tony of the Drift team.



managed to get two small photos of her parents from her relatives, which she wanted to bring together as one. The photo of her father was quite detailed with a sharp focus, while the photo of her mother looked like a photocopy of a blurred copy of a small, old photograph. The most difficult task was to bring her mother's photo up to the standard of her father's photo. This was a difficult and challenging job and I learnt a lot from it. One great reward for me was seeing how happy Lilian was with the final photo. ■

Lilian Harmond is a regular customer of PBNC's Tech Centre. I was approached one day with a request to have a go at a project to bring to life two photographs of Lilian's parents. Lilian said she never had pictures of her parents at home in Jakarta as a child. Recently she discovered why. Her parents owned a gold shop and when the Second World War occurred, her father buried all the family's treasures, including the gold and the family photos. When the war finished, her father found the treasures had been dug up and stolen. Lilian



## Do I Love Writing?

By Eddie Blatt

Do I love writing? No, I don't; not the way I love going for walks in the late afternoon, listening to the birds singing, or watching the wallabies nibbling the grass in the forest nearby, or how yesterday I watched a family of ducks waddling along a road in the estate where I live, and it took one of the ducklings three or four attempts to climb onto the footpath; or how, when I get to the highest point of my walks each afternoon, Mount Warning majestically appears on the horizon, greeting me as a sentinel would a pilgrim on a journey to the Holy Land.

I don't love writing like I love my parents, or my woman, or my brother, or my sister, or my best friend. I don't love writing like I love performing guitar when I'm 'in the zone', oblivious to everything, even my own playing; where the music appears out of nowhere and I'm watching my fingers being moved by an invisible force without the slightest effort on my part.

I don't love writing like I used to love running; the smell of the grass beneath my feet, the wind blowing into my face, and the ecstasy of breaking the tape first in the 100 metre dash.

I don't love writing like I used to love scientific research; the camaraderie of fellow scientists, and the exhilaration of describing a new discovery with a novel theory.

I'm not moved by writing as I am by listening to Beethoven's Ninth Symphony, or the Beatles' 'Hey Jude', or Whitney Houston singing 'I Will Always Love You' (as she is doing right this moment out of the speakers on my desk), or, on the occasions when I've lost any sense of good taste, even the songs of Abba.

I don't love writing like I love reading

Jed McKenna's trilogy of books on the futility of attaining spiritual enlightenment, or the 'Conversations With God' series of books by Neale Donald Walsch, or even novels that are darn good reads, like Tolkien's 'Lord of the Rings'.

I don't love writing like any of these things. I don't even know if I love writing at all.

So, why do I sit down at my desk most days with pen in hand, or fingers tapping on a keyboard, intent on producing a worthwhile piece of literature, especially when honing the necessary skills of a writer is such a constant struggle for me?

It wasn't like that with guitar, where I looked forward to picking the instrument up every day, even to practice scales. It was not like that when, as an athlete and footballer, I would voluntarily train more than was required; or when I would work through the problems in my mathematics books for hours on end without waning focus; or follow the moves of chess masters in the dozens of chess books I'd devour.

The fact is, I rarely wake up eager to write, and the periods of joy at producing something genuinely revealing and of literary value are few and far between.

No, I don't love writing, and I don't know why I continue. Maybe it's time I found out. Then again, maybe I should bite the bullet and write a book about what I really love to do - anything but writing.

***'Every writer I know has trouble writing'***

---- Joseph Heller ----

## Wordsflow

The writers' group **Wordsflow** meets every Friday during school term in PBNC's Sandbar Room from 12.30pm to 3.30pm.

If you are interested in writing and want to mix with other writers, ring the facilitator Rosemary Nissen Wade on **0478 607 202**.

## Clive wears yet another hat!

PBNC volunteer Clive is a man of many hats.

He recently visited the centre with Ron Oberman from the RSL in late April. The pair were fundraising and were snapped by Angela selling pens and badges in time for ANZAC Day.

Potential customers present at the Front Desk were Lynda, Deb, Pauline and Chris (foreground) pictured with Ron and Clive (in the hat)! ■



## Pottsville Beach Neighbourhood Centre Volunteer Appreciation Afternoon 2013

Pottsville Beach Neighbourhood Centre will once again hold its annual Volunteer Appreciation Afternoon (VAA) on Thursday, May 9.

The valued volunteer workers are all invited to an entertaining afternoon of food and fun to celebrate Volunteer Week and Neighbourhood Centre Week 2013. It's a time when the staff become volunteers and the volunteers become guests! A light lunch of soup and fruit will be provided, with gluten-free and vegetarian food available. Those workers who attended last year will remember the delicious and varied selection of soups on offer, enough to convert the most hardened soup hater into an avid soup lover.



The event will be held from 1.30pm till 4.30pm in the Reef Room, situated under the new building .

To RSVP, phone PBNC Reception on (02) 6676 4555 or email [julie.watson@pottsvillebeachnc.org.au](mailto:julie.watson@pottsvillebeachnc.org.au) by Friday May 3.



## PBNC PlayTime

**Group** – a contribution by  
Michelle O'Brien



On Monday and Thursday mornings, if you walk through the side gate by the Sandbar Room into the children's play area, you'll see the smiling faces of happy children, enjoying the fun and excitement of

**PlayTime**. Sasha, a PBNC **PlayTime** session leader, was there to greet me when I dropped in to meet with the mums, dads and children who all enjoy the outdoor and indoor activities of the group.

Sasha, who has a wonderful rapport with children, has been involved with **PlayTime** for a year and was more than happy to share her experiences of this wonderful group and the benefits received by everyone

who participates. She explained **PlayTime** runs on Mondays and Thursdays from 9.30 until 11.30am and costs \$3 per child per session, with an annual membership fee of \$20. The first two visits are free. **PlayTime** offers indoor and outdoor activities, free play and wind-down activities including stories, music, games and nursery rhymes. On special occasions such as Easter, **PlayTime** runs themed activities.

I spoke with a number of mothers while I was there and they all agreed **PlayTime** was such a positive experience for

their children, offering stimulating activities, the chance to play with new and different toys, while having time for social interaction and fun with other children from the local community. It was agreed between the parents that while **PlayTime** was crucial for their children's social development, it was a great time for mums and dads to network and form friendships with other local parents twice a week. To find out more about **PlayTime** ring coordinator Misty on .....

**0266 764 146**  
**0448104484**

### *Pottsville Beach Neighbourhood Centre* *by Michelle O'Brien*

*Pottsville Beach Neighbourhood Centre,  
a community built by the sea.*

*Offering groups, activities and playtime,  
networking.... op shopping....technology*

*They'll point you in the right direction,  
offering just the right kind of advice,  
provide you with a range of activities,  
Their workers are friendly and nice.*

*It's an inspiration to work there,  
The centre's heart focus is 'giving',  
Empowering and strengthening people  
In this wonderful community we live in.*

**Michelle O'Brien's** time as Student On Placement at PBNC ended in April. Michelle contributed many valued articles and photos to *Drift* and was also the facilitator of the much needed and appreciated

**Women's Circle Guided Meditation group**, for which Michelle wrote the beautiful and imaginative meditations for each session. PBNC thanks Michelle for her work and wishes her well for the future.



## *Cane Dance*

*The August wind is blowing...  
Red dust dances  
into the face of my husband  
stranded on the roadside trying to change a tyre.*

*The mountain is clothed  
in a yellow-grey mist of cane dust and smoke.*

*Birds wheel in eddies of wind...  
Cane stalks rise and dance along the fields.*

*It's a Van Gogh day  
made mad by the wind.*

*Lily*



## Want to Study Online?

The Pottsville Beach Neighbourhood Centre (PBNC) is now an official access point for online learning via the eduONE project, an Australian Government initiative. Through partnership with the CTCA, University of New England and TAFE NSW New England, the PBNC Community Technology Centre is showcasing a range of free courses offered online from TAFE NSW, including short courses designed to allow you to explore career options. For example, you can do introductions to the construction trades, hospitality, or business. You can also brush up on your maths skills to get ready for an apprenticeship or traineeship, or just to manage life better. The courses are free. Just drop into PBNC, visit our website, or phone 02 6676 4555 for more information.

### What is eduONE?

eduONE is a very exciting project that involves the development and delivery of new models of TAFE and university education services using the National Broadband Network (NBN). It includes state-of-the-art virtual interactive training rooms, with high definition IP television, video on demand and 3D trade skilling packages.

### How is PBNC involved?

PBNC is a member of the Community Technology Centres Association (CTCA) and the CTCA has been successful, in partnership with the University of New England and TAFE NSW New England, in an application under the Digital Regions funding initiative. PBNC's main service is to provide access to and support for students with their TAFE and University courses delivered over NBN.



An Australian Government Initiative



# 1-2-3 Magic and Emotion Coaching

**'magical' benefits for families**

**1-2-3 Magic and Emotion Coaching — a popular parenting program for carers of children aged 2-12 years which aims to strengthen family relationships — is being delivered again at Pottsville Beach Neighbourhood Centre.**

The program consists of three **FREE** sessions.

Parents and carers are provided with knowledge, skills and strategies to assist them in their parenting role. Each meeting will teach key ideas about children's abilities, the common problems parents and carers face and effective ways to make parenting as enjoyable as possible.

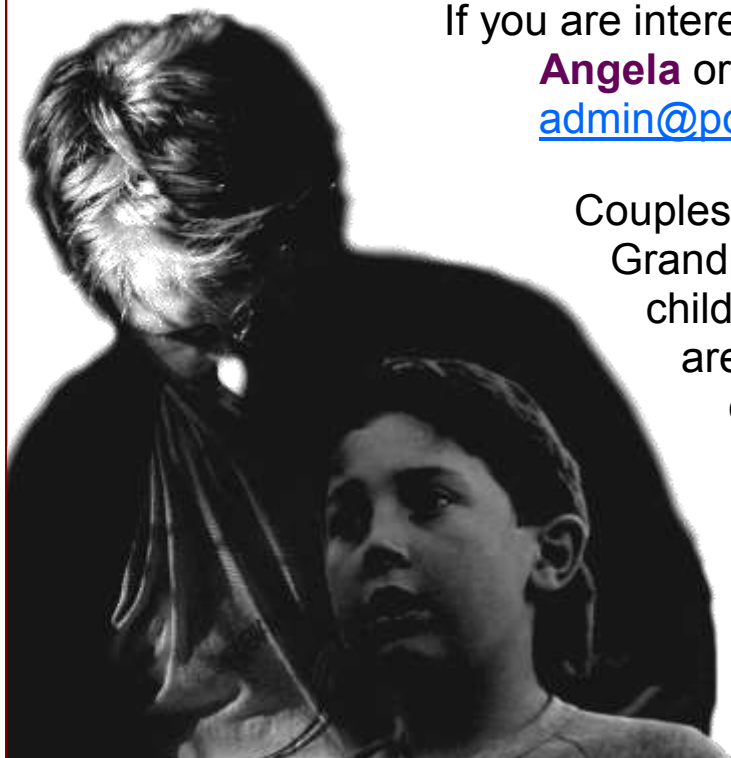
The sessions will be held on **Wednesday May 29, June 5 and June 12** from **6pm till 8pm** in the **Reef Room** (underneath the new building) at **Pottsville Beach Neighbourhood Centre, 12A Elizabeth St, Pottsville Beach.**

If you are interested in attending, you will need to ring **Angela** or **Karen** on **02 6676 4555** or email [admin@pottsbnc.org.au](mailto:admin@pottsbnc.org.au) to register your place.

Couples are encouraged to attend together. Grandparents are welcome. If you don't have child-minding arrangements in place, there are limited child-minding places available on site - please discuss your needs when booking.

For more information on the centre and PBNC's family program, visit

[www.pottsvillebeachnc.org.au](http://www.pottsvillebeachnc.org.au)



## paving the way

new Covered Outdoor Learning Area (COLA) is underway, the school is embarking on a special fundraising project to help build the COLA platform by the middle of 2013.

**Pottsville Beach Public School P&C** is introducing Pavers 4 Pottsville. As the construction of the school's



During the month of May, past and present students, teachers, parents, families, community members and businesses can purchase pavers with their names inscribed to be permanently positioned near the new COLA during Term 4 this year.



**For a donation of just \$50 by Friday 31 May 2013, your name or message will be engraved into a paver.**

For cash or cheque: [www.pottsville-p.schools.nsw.edu.au](http://www.pottsville-p.schools.nsw.edu.au) has more information. Please pick up a form from the school office, fill it out and return with payment.

For electronic process: go to [www.flexischools.com.au](http://www.flexischools.com.au) and enter 'Pottsville Beach Public School' on right side, click on school name, click on paver logo, and access all required links from there. You can pay, print, scan and send any required documents with the instructions available.



## Calls for volunteers

Feros Care, an Aged and Community Care service, is currently recruiting volunteers in the Tweed Coast area.

There are some great positions available such as **Bus Driver**, **Bus Attendant** and **Seniors' Social Support**.

If you would like to know more about these positions, contact Robyn Masters, Positive Living Coordinator, phone (07) 5669 0555 or Mobile 0419 714116, or email [RobynMasters@feroscare.com.au](mailto:RobynMasters@feroscare.com.au)

## Pottsville Community Preschool

Pottsville Community Preschool is a not for profit organisation providing education and care to children aged between 3 and 5 years old.

The preschool encourages participation from community members and you will be made to feel welcome and valued.

If you are interested in helping out, phone (02) 6676 1448 Tuesdays, Thursdays and Fridays or call in to the preschool at 35 Coast Road, Pottsville.

Please note: Working with Children Check applies for these positions.



# what's on at the centre

|   |                  |
|---|------------------|
| <b>PBNC ADMINISTRATION</b>  |                  |
| Monday to Friday 8.30am - 1.30pm  |                  |
| <b>DIABETES SUPPORT GROUP</b>   |                  |
| with Ruth - Reef Room<br>First Wed each month 2 - 4pm   |                  |
| <b>GET FIT, KEEP FIT</b>  |                  |
| Sandbar Room<br>Tues 9.15 - 10.15am, Fri 9.15 - 10.15am   |                  |
| <b>OPP SHOP</b>   |                  |
| Monday & Friday   | 9am - 4pm        |
| Tues, Wed, Thurs  | 9am - 1pm        |
| Saturday  | 9am - 1pm        |
| Market Sunday   | 7am - 1pm        |
| <b>POTTSVILLE PLAYTIME GROUP</b>  |                  |
| Sandbar Room  |                  |
| Monday  | 9.30am - 11.30am |
| Thursday  | 9.30am - 11.30am |
| <b>PBNC TECHNOLOGY CENTRE</b><br><i>Computer Lessons &amp; Internet Access</i>                                |                  |
| Sandbar Room<br>Tues 9.15 - 10.15am, Fri 9.15 - 10.15am   |                  |
| <b>ART AND PLAY</b>   |                  |
| with Emma-Lea - Coral Bay<br>(next to the Reef Room)<br>Tuesday 10 - 11am<br>Ph. Emma Lea <b>0434 790 969</b> |                  |
| <b>STRETCH-YOUR-MIND</b>  |                  |
| Thursday 12.30 - 2.30pm   |                  |
| <b>TOY LIBRARY</b>  |                  |
| Monday to Friday<br>9.30am - 12.30pm  |                  |
| <b>WORDSFLOW</b>  |                  |
| with Rosemary Nissen Wade<br>Sandbar Room<br>Friday 12.30 - 3.15pm<br>(in school term)                        |                  |
| <b>SCRABBLE</b>   |                  |
| Tuesday 10am - 12 noon  |                  |
| <b>UFO CRAFT GROUP</b>  |                  |
| with Clair - Reef Room<br>Thursday 9.30am - 3.15pm  |                  |
| <b>Contact Administration Office<br/>for more details or bookings<br/>(02) 6676 4555.</b>                     |                  |

## Centrelink Agency

Monday to Friday  
8.30am to 1.30pm

Applications to join our association are always welcome - just ask for your application form from one of the friendly front desk crew or call PBNC 6676 4555

**Side by Side** is a social support group for children and young people with Aspergers and their parents or carers. The group meets during school terms from 1pm on the first Saturday of each month for combined primary and secondary school age, and the third Saturday each month for teens. Contact Debbie or Terry on 6676 0483 for more details

### Monday

**Technology Centre**  
9am-1pm

**Pottsville PlayTime**  
Sandbar Room  
9.30am-11.30pm

**Toy Library**  
9.30am-12.30pm

### Wednesday

**Technology Centre**  
9am-5pm

**Toy Library**  
9.30am-12.30pm

**Diabetes Support Group** with Ruth  
(1st Wed each month)  
Reef Room 2-4pm

### Friday

**Technology Centre**  
9am-1pm

**Get Fit, Keep Fit**  
Sandbar Room  
9.15-10.15am  
**Toy Library**  
9.30am-12.30pm

**Pottsville Toddler Tunes & Stories**  
Sandbar Room  
10.45am-12pm  
(in school term)

**Wordsflow** with Rosemary Nissen Wade  
Sandbar Room  
12.30-3.15pm  
(in school term)

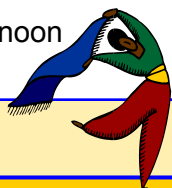
### Tuesday

**Technology Centre**  
9am-5pm

**Get Fit, Keep Fit**  
Sandbar Room  
9.15am - 10.15am

**Toy Library**  
9.30am - 12.30pm

**Scrabble**  
10am - 12noon



### Thursday

**Technology Centre**  
9am-5pm

**Pottsville Playtime**  
Sandbar Room  
9.30am-11.30am

**Stretch Your Mind**  
Reef Room  
12.30-2.30pm

**Toy Library**  
9.30am-12.30pm  
**UFO Craft Group**  
Reef Room  
9.30am-11.30am

### Saturday

**Opp Shop** 9am-1pm  
**Side by Side**  
Aspergers Support Group - 1pm  
See ad above

### Sunday

**Pottsville Beach Markets, Opp Shop** (7am-1pm) & **Community BBQ** - first & third Sunday each month  
**Next markets**  
May 5 & 19, June 2 & 16, July 7 & 21

**DANCING WITH NIKKI** Freestyle dance classes for pre-schoolers to adults - \$5 per lesson. Contact Nikki on **0417 036 609**

Tweed Coast U3A conducts classes at PBNC e.g. **Quilting, Booklovers, Gardening, Art & Cryptic Crosswords**. Ph PBNC (02) 66 764555 or email [admin@pottsbnc.ngo.org.au](mailto:admin@pottsbnc.ngo.org.au)

